



Lunch Menu

Served 12-4:30pm

SANDWICHES & CIABATTAS

All served with fresh salad, homemade slaw and salted crisps

Steak ciabatta with caramelised onions £15.95 (G) (E) (G) (D)
6oz steak with rocket leaves

Welsh ham and cheese ciabatta £11.50 (G) (D) (E)

Halloumi, homemade chilli jam and lettuce ciabatta £12.50
(G) (D) (SD)
Add bacon £2.00

Chicken club sandwich £14.00 (E) (D) (G) (GFA)
Bacon, Emmental cheese, mayonnaise, baby gem lettuce

Bloody Mary prawn £13.00 (E) (D) (G) (GFA) (CR)
Atlantic prawns, rustic tomato sauce, mayonnaise, hint of vodka, baby gem lettuce, fresh multigrain open sandwich

Crab mayonnaise £13.50 (E) (D) (G) (GFA) (CR)
Crab meat, lemon juice, mayonnaise, rocket, fresh multigrain open sandwich

Smashed Avocado on Toast £10.50 (GFA) (VG) (V)
Avocado with vine ripened tomatoes, cracked black pepper and sliced fresh chillis on toasted sourdough
Add poached egg £1.00 (E) | Add bacon £2.00 | Add halloumi (D) £2.00

Croque monsieur £12.00 (G) (D) (E) (GFA) (SD)
Welsh ham, rarebit sauce and cheese toasted sandwich
Add a fried egg £0.50

SALADS

Orzo salad £13.00 (G) (VG) (V)
Roasted Mediterranean vegetables, fresh tomatoes, basil
Add halloumi £3 | Add chicken £3

Greek salad £15.00 (V) (GF) (D)
Mixed leaf, sun dried tomatoes, hummus, halloumi, peppers, red onion, cucumber, balsamic glaze

Chicken Caesar £15.00 (G) (GFA) (D) (E) (F)
Baby gem, bacon, croutons, homemade Caesar dressing, anchovies, parmesan

SHAKES & SMOOTHIES

£5.50 - Ask your server for details & flavours

GALETTES

All of galettes are made with organic, buckwheat flour and served with salad and slaw

Steak and Blue cheese galette £13.50 (GF) (D) (E)
Steak, mushrooms and blue cheese

Welsh rarebit galette £11.95 (GF) (D) (E)
Traditional welsh creamed rarebit with Worcestershire sauce and ale

Yellow dot galette £12.95 (GF) (D) (E) (SD)
Cheese, Welsh ham and a local free range egg yolk

Smoked salmon galette £13.50 (D) (E) (F) (GF)
Scrambled egg, spinach, cheese

Creamy chicken and bacon galette £13.50 (D) (E) (F) (GF)
Chicken, cream, bacon, cheese

CREPES

Vegan and gluten free available

Rocky Road £8.50 (G) (D) (E) (S)
Chocolate pieces, biscuit, marshmallows, chocolate sauce

Millionaire Shortbread £8.50 (G) (D) (E)
Shortbread, chocolate pieces and toffee sauce

Strawberry and Nutella £7.50 (G) (D) (E) (N)
Fresh strawberries and Nutella

Classique £6.25 (G) (D) (E)
Lemon and sugar

Banana and Toffee £7.50 (G) (D) (E)
Fresh banana and toffee sauce

Biscoff £9.50 (G) (D) (E) (S)
Clotted cream ice cream, Biscoff crumble

Cookies and cream £9.50 (G) (D) (E) (S)
Oreo biscuits, chocolate sauce, clotted cream ice cream

PANCAKES

Vegan and gluten free available

Canadian Pancake Stack £8.00 (G) (D) (E)
4 light and fluffy pancakes

Add: Streaky bacon £2.00 Add: Ice cream £2.00 per scoop

Extra toppings £1.00 each: Maple syrup, Toffee sauce, Nutella, Chocolate sauce, Strawberry sauce, Marshmallows, Strawberries, Banana, Chocolate pieces, Digestive Biscuits, Shortbread, Biscoff, Oreo biscuits (G) (D) (S) (N)

FOOD ALLERGENS AND INTOLERANCES
(V) Vegetarian (VE) Vegan (GF) Gluten Free (GFA) Gluten Free Available (G) Gluten (D) Dairy (E) Egg (S) Soya (N) Nuts (M) Mustard (SD) Sulphur Dioxide (MO) Molluscs (CR) Crustaceans (L) Lupin (PN) Peanuts (CE) Celery (SE) Sesame (F) Fish. Please ask a member of staff for more information on food allergens and intolerances before you make your order. Please let us know about any serious allergens.
All ingredients are carefully selected and locally sourced where possible, however we cannot guarantee our dishes to be free of nuts or nut traces or that fish dishes are free from all bone